

Opaa! To-Go

 ***Fast & Fresh***



Welcome Parents!

We are excited to announce that Opaa! Food Management is introducing a new program with pre-packaged meals called Opaa! To-Go “Fast & Fresh”. These meals are specifically prepared for those of you on-the-go, in a hurry, or with limited time for lunch.

We want to offer everyone the nutrition they need to succeed in their academics and school activities, and these To-Go meals can help meet that goal. We offer sandwiches, wraps, and salads paired with appropriate sides of fruits, vegetables, and grains. All meals are prepared fresh that day, sealed and presented in an easy to grab containers. The meals are also reimbursable, meeting all USDA HHFKA Guidelines.

Opaa! To-Go “Fast & Fresh” meals are an excellent way for you to get the flavors you crave and the nutrition you need! Give them a try and let us know what you think!

Jeriliegh Lauritsen

Director of Nutrition Services

Centura Public Schools

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menus.opaafood.com

OPAA! TO-GO K8 LUNCH MENU

Monday	Tuesday	Wednesday	Thursday	Friday
PBJ & Yogurt w. Side Salad Baby Carrots w. Dip Assorted Fresh Fruit	Pizza Munchable (Nacho Munchable) w. Side Salad BBQ Bean Salad Assorted Fresh Fruit	Popcorn Chicken w. Italian Bread Baby Carrots w. Dip Assorted Fresh Fruit	Ham & Cheese Roll Up w. Side Salad Crazy Corn Salad Assorted Fresh Fruit	Nacho Munchable w. Side Salad Baby Carrots w. Dip Assorted Fresh Fruit



Pizza Munchable



Nacho Munchable

OPAA! TO-GO MS/HS LUNCH MENU

WEEK ONE

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Club Sandwich w. Side Salad</p> <p>PBJ & Yogurt w. Side Salad</p> <p>Baby Carrots w. Dip Assorted Fresh Fruit Cookie</p>	<p>Turkey Jack Sandwich w. Side Salad</p> <p>Turkey Chef Salad w. Opaa! Cornbread</p> <p>BBQ Bean Salad Assorted Fresh Fruit</p>	<p>Crispy Chicken Wrap w. Side Salad</p> <p>Strawberry Chicken Salad w. Opaa! Hot Roll</p> <p>Baby Carrots w. Dip Assorted Fresh Fruit</p>	<p>SW Chicken Avocado Wrap w. Side Salad</p> <p>PBJ & Yogurt w. Side Salad</p> <p>Crazy Corn Salad Assorted Fresh Fruit</p>	<p>Pizza Munchables w. Side Salad</p> <p>Popcorn Chicken Salad w. Fruit Streusel Muffin</p> <p>Baby Carrots w. Dip Assorted Fresh Fruit Cookie</p>

WEEK TWO

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Spicy Med Wrap and Yogurt w. Side Salad</p> <p>PBJ & Yogurt w. Side Salad</p> <p>Baby Carrots w. Dip Assorted Fresh Fruit Cookie</p>	<p>Italian Sub w. Side Salad</p> <p>Turkey Chef Salad w. Opaa! Cornbread</p> <p>BBQ Bean Salad Assorted Fresh Fruit</p>	<p>Pizza Munchable w. Side Salad</p> <p>Strawberry Chicken Salad w. Opaa! Hot Roll</p> <p>Baby Carrots w. Dip Assorted Fresh Fruit</p>	<p>Ham & Cheese Rollup w. Side Salad</p> <p>PBJ & Yogurt w. Side Salad</p> <p>Crazy Corn Salad Assorted Fresh Fruit</p>	<p>Sweet Chili Chicken Wrap w. Side Salad</p> <p>Popcorn Chicken Salad w. Fruit Streusel Muffin</p> <p>Baby Carrots w. Dip Assorted Fresh Fruit Cookie</p>